


BREAKFAST			
2 EGGS ANY STYLE <i>On a Roll or a Wrap</i>		\$2.50	
ADD CHEESE <i>Swiss, Provolone, White Cheddar, American, Fresh Mozzarella, Crumbled Feta, Pepper Jack, Goat Cheese, Blue Cheese Crumble</i>		<i>cheese</i> +\$0.50	
ADD MEAT <i>Bacon (Pork or Turkey), Sausage (Pork or Turkey), Taylor Ham, Virginia Ham</i>		<i>meat</i> +\$1.50 each	
STEAK AND EGGS <i>2 Eggs any style with 4 oz Steak Fillet</i>		\$6.99	
SANTA FE OMELETTE <i>Tomato, Onion, and Provolone</i>		\$8.00	
WESTERN OMELETTE <i>Onion, Pepper, and Pepper Jack</i>		\$8.00	
BUILD YOUR OWN OMELETTE		\$3.75	
CHEESE <i>Swiss, Provolone, White Cheddar, American, Fresh Mozzarella, Crumbled Feta, Pepper Jack, Goat Cheese, Blue Cheese Crumble</i>		+\$0.50 each	
MEAT <i>Bacon (Pork or Turkey), Sausage (Pork or Turkey), Taylor Ham, Virginia Ham, Prosciutto</i>		+\$1.50 each	
VEGGIES <i>Tomato, Onion, Peppers, Spinach, Mushrooms, Avocado, Jalapeños, Scallions</i>		+\$0.50 each	
SHRIMP		+\$2.00	
PANCAKES		\$6.99	
FRENCH TOAST		\$6.99	
AVOCADO TOAST		\$9.00	
BLOOMFIELD TOAST <i>Fresh Avocado Mash, Fresh Mozzarella, Sliced Grape Tomatoes, and Olive Oil</i>			
MONTCLAIR TOAST <i>Fresh Avocado Mash, Pickled Onions, Cilantro, and Corn</i>			
			
BREAKFAST SIDES			
OATMEAL	\$2.00	HASH BROWNS	\$2.25
BACON	\$2.00	HOME FRIES	\$2.25
SAUSAGE	\$2.00	CUP OF FRUIT	\$3.00

COLD SANDWICHES	
BLT	\$4.99
CHICKEN SALAD SANDWICH	\$5.99
TUNA SALAD SANDWICH	\$5.99
EGG SALAD SANDWICH	\$5.99
BBQ CHICKEN WRAP <i>With Cheddar Cheese, Bacon, Lettuce, and Tomato</i>	\$6.50
ITALIAN STALLION <i>Prosciutto, Salami, Provolone, Lettuce, Tomato, Onion, and Italian Dressing</i>	\$6.50
BUILD YOUR OWN SANDWICH	\$6.00
MEAT <i>Virginia Ham, Taylor Ham, Salami, Pepperoni, Prosciutto, Roast Beef, Oven Roasted Turkey, Grilled Chicken, Buffalo Chicken, Pastrami, Corned Beef</i>	+\$1.50 each
SHRIMP	+\$2.00
CHEESE <i>Swiss, Provolone, White Cheddar, American, Fresh Mozzarella, Crumbled Feta, Pepper Jack, Goat Cheese, Blue Cheese Crumble</i>	+\$0.50 each
TOPPINGS <i>Tomato, Lettuce, Red Onion, White Onion, Pickles, Coleslaw, Grilled Mushrooms, Caramelized Onions, Grilled Peppers, Jalapeños, Beets, Fried Wontons, Crispy Onions, Fresh Basil, Scallions</i>	+\$0.50 each
CHOICE OF BREAD <i>Ciabatta, Kaiser Roll, Sub Roll, Gluten Free Roll, Whole Wheat, Rye, Sourdough, Multigrain</i>	
HOT SANDWICHES	
CHICKEN PARM	\$7.50
EGGPLANT PARM	\$7.50
SHRIMP PARM	\$9.00
HOT ITALIAN <i>Sausage, Pepper, and Hot Marinara Sauce</i>	\$7.50
HAMBURGER	\$5.75
ADD CHEESE	+\$0.50
ADD MEAT	+\$1.50
CHEESE STEAK <i>Sliced Beef, Cheese, Onions, and Peppers</i>	\$7.50

SIGNATURE SANDWICHES	
IRON HORSE BUTTERMILK CHICKEN <i>Iron Horse Buttermilk Chicken, Lettuce, Tomato, Bacon, and Cheese with Russian Dressing</i>	\$8.00
MONTCLAIR-BOONTON <i>Breaded Chicken Cutlet, Bacon, Melted Provolone, and Honey Mustard</i>	\$7.50
PENN STATION <i>Pastrami, Corned Beef, Coleslaw, and Swiss Cheese with Russian Dressing</i>	\$7.50
HOBOKEN STATION <i>Grilled Chicken, Bacon, Tomato, Avocado, Fresh Mozzarella, and Fresh Basil with Balsamic Dressing</i>	\$7.50
LIGHT RAIL <i>Portobello Mushroom, Fresh Mozzarella, and Roasted Red Peppers with Pesto</i>	\$7.50
BAY STREET STATION <i>Oven Roasted Turkey, Bacon, Lettuce, Tomato, and Onions</i>	\$7.50
NEWARK BROAD ST. <i>Teriyaki Chicken, Grilled Peppers, Grilled Onions, Scallions, and Fried Wontons</i>	\$7.50
TRIPLE DECKERS	
PATTY MELT	\$8.50
FRIED CHICKEN CLUB	\$8.50
SLOPPY JOE	\$8.50
TURKEY CLUB	\$8.50
ROAST BEEF CLUB	\$8.50
KID'S MENU	
GRILLED CHEESE	\$3.50
ADD FRIES	+\$1.50
HOT DOG	\$3.50
CHICKEN FINGERS (3 COUNT)	\$4.50
MAC & CHEESE	\$4.50
PASTA MARINARA	\$4.50
KID'S BURGER	\$4.50
ADD CHEESE	+\$0.50
ADD FRIES	+\$1.50

SALADS/WRAPPS	
CAESAR SALAD <i>Romaine, Shaved Parmesan, and Croutons</i> Suggested Dressing: Caesar	\$6.00
ADD GRILLED OR BUTTERMILK CHICKEN	+\$1.50
ADD TOFU	+\$1.00
ADD SHRIMP	+\$2.00
BUFFALO CHICKEN SALAD <i>Romaine, Buffalo Chicken, Pepper Jack Cheese, Celery, and Tortilla Strips</i> Suggested Dressing: Buttermilk Ranch	\$7.50
GREEK SALAD <i>Romaine, Pita Chips, Feta, Grape Tomatoes, Cucumbers, and Pickled Red Onions</i> Suggested Dressing: Balsamic Vinaigrette	\$7.50
CHOPPED CHIPOTLE CHICKEN SALAD <i>Romaine, Grilled Chicken, Pepper Jack Cheese, Kidney Beans, Avocado, and Crunchy Onions</i> Suggested dressing: Chipotle Vinaigrette	\$7.50
TURKEY COBB SALAD <i>Romaine, Roasted Turkey, Egg Whites, Grape Tomatoes, and White Cheddar</i> Suggested dressing: Buttermilk Ranch	\$7.50
THE VENICE BEACH SALAD <i>Romaine, Grilled Chicken, Avocado, Egg Whites, Grape Tomatoes, and Toasted Almonds</i> Suggested dressing: Balsamic Vinaigrette	\$7.50
THAI CHICKEN SALAD <i>Romaine, Red Cabbage, Grilled Chicken, Carrots, Celery, and Crunchy Onions</i> Suggested dressing: Thai Peanut	\$7.50
IRON HORSE STEAK SALAD <i>Romaine, Chopped Steak Fillet, Feta, Kidney Beans, Jalapeños, and Tortilla Chips</i> Suggested dressing: Ranch	\$7.50
	
SMOOTHIES	
STRAWBERRY BANANA	\$5.00
BERRY BERRY	\$5.00
PEANUT BUTTER BLAST	\$5.00

FRIED FOOD			
BONELESS/BONE-IN WINGS (5 COUNT)		\$6.00	
PLAIN, BBQ, GARLIC, BUFFALO			
CHICKEN FINGERS (5 COUNT)		\$5.50	
FRIES			
PLAIN	\$1.50	CHILI CHEESE	\$3.50
CHEESE	\$2.25	SWEET POTATO	\$2.00
CHILI	\$2.75		
MOZZARELLA STICKS		\$4.50	
ZUCCHINI STICKS		\$5.50	
EMPANADAS			
CHICKEN AND CHEESE		\$5.50	
CHEESESTEAK		\$5.50	
SHRIMP AND SPINACH		\$5.50	
BUFFALO CHICKEN		\$5.50	
PO' BOY <i>Fried Shrimp, Lettuce, and Tomato with Russian Dressing</i>		\$8.50	

PLATTERS			
BREAKFAST PLATTERS			
EGGS (CHOICE OF PREP) <i>with TOAST, MEAT OF CHOICE, AND HOME FRIES</i>		\$6.50	
BUILD YOUR OWN OMELETTE <i>with TOAST AND HOME FRIES</i>		\$8.00	
PANCAKE OR FRENCH TOAST <i>with MEAT OF CHOICE AND TWO EGGS ANY STYLE</i>		\$8.50	
PASTA PLATTERS			
PASTA WITH CHOICE OF SAUCE <i>with A SIDE SALAD</i> <i>Sauces: Tomato, Vodka, Alfredo, or Garlic and Oil</i>		\$13.75	
ADD MEAT <i>Grilled Chicken, Buttermilk Chicken, or Beef</i>		+\$1.50	
ADD SHRIMP		+\$2.00	
BAKED ZITI <i>with A SIDE SALAD</i>		\$13.75	
RAVIOLI WITH TOMATO SAUCE <i>with A SIDE SALAD</i>		\$13.75	
MAC AND CHEESE <i>with A SIDE SALAD</i>		\$13.75	

ENTRÉE PLATTERS		
CHICKEN PARM <i>with A SIDE SALAD OR PASTA</i>		\$12.50
BUTTERMILK CHICKEN OR SHRIMP <i>with A SIDE SALAD OR FRIES</i>		\$12.50
CHICKEN FRANCOISE <i>with A SIDE SALAD OR PASTA</i>		\$16.50
GRILLED CHICKEN PLATTER <i>with FRESH MOZZARELLA, ROASTED RED PEPPER, AND PESTO SAUCE WITH A SIDE SALAD OR FRIES</i>		\$12.50
TERIYAKI GINGER CHICKEN <i>with A SIDE SALAD OR PASTA</i>		\$12.50
FILET MIGNON <i>with BÉARNAISE SAUCE AND SIDE SALAD OR PASTA</i>		\$25.50
BRAISED SHORT RIBS <i>with ROOT VEGETABLES AND SIDE SALAD OR PASTA</i>		\$22.50
ASIAN SESAME SKIRT STEAK <i>with A SIDE SALAD OR PASTA</i>		\$25.50
GRILLED FLANK STEAK <i>with CUCUMBER, TOMATO, AVOCADO RELISH, AND A SIDE SALAD OR PASTA</i>		\$25.50
EGGPLANT PARM <i>with A SIDE SALAD OR PASTA</i>		\$17.50
PORTOBELLO MUSHROOMS <i>with KALE, SPINACH, GOAT CHEESE, AND PISTACHIOS WITH A SIDE SALAD OR PASTA</i>		\$17.50
VEGETABLE STIR FRY <i>with A SIDE SALAD OR PASTA</i>		\$17.50
LASAGNA PRIMAVERA <i>with A SIDE SALAD OR PASTA</i>		\$17.50
OLD BAY COD <i>with TOMATO, CUCUMBER, BALSAMIC GLAZE, AND A SIDE SALAD OR PASTA</i>		\$20.00
SEAFOOD PAELLA <i>with A SIDE SALAD OR PASTA</i>		\$25.00
HERB ROASTED SALMON <i>with HERB POLENTA AND A SIDE SALAD OR PASTA</i>		\$22.00
CAJUN GRILLED SHRIMP <i>with A SIDE SALAD OR PASTA</i>		\$22.00



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